

## Case Report

### Case report: Thrombolysis for severe posterior circulation infarction with basilar artery occlusion

Yalin Guan<sup>1,2</sup>

1. Department of Neurology, Tianjin Huanhu Hospital, Tianjin 300350, China

2. Tianjin Key Laboratory of Cerebral Vascular and Neurodegenerative Disease, Tianjin 300350, China

Correspondence to Yalin Guan · E-mail: guanyalinhh@126.com

Received: June 2, 2024 ; Accepted: June 25, 2024

#### Background

Acute ischemic stroke related to basilar artery occlusion poses a high risk of fatality, representing one of the most severe stroke subtypes. Here, we present a case of a patient with basilar artery occlusion-induced acute ischemic stroke, characterized by limb paralysis and critical condition, whose symptoms rapidly improved and muscle strength normalized following bridging thrombolysis therapy.

#### Case Presentation

The patient, a 57-year-old male, presented with sudden onset of slurred speech and weakness in all four limbs for 3.5 hours. He has a history of hypertension. During the examination, the patient presented with drowsiness, severe dysarthria, right-sided gaze deviation, peripheral facial palsy on the right side, uncooperative tongue protrusion, grade 0 muscle strength in all four limbs, normal muscle tone in the upper limbs, and increased muscle tone

in the lower limbs.

The CT scan of the head showed no abnormalities. The patient was promptly administered tenecteplase (rhTNK-tPA) for thrombolysis at a dosage of 0.25mg/kg over 5-10 seconds. Twelve minutes after receiving thrombolytic therapy, the patient's right peripheral facial palsy improved, and the muscle strength in both upper limbs recovered from grade 0 to grade 3.

Fifteen minutes post-thrombolysis, a head MRI and head MRA revealed multiple infarctions in the bilateral cerebellar hemispheres, pons, midbrain, and left basal ganglia. The head MRA indicated a lack of visualization of the vertebral basilar artery (Figure 1). Ninety minutes post-thrombolysis, the patient exhibited significant improvement in symptoms, with partial alleviation of facial palsy, gaze deviation, and dysarthria. Muscle strength in all four limbs was graded as 5, and muscle tone in the limbs returned to normal.

Three hours post-thrombolysis, digital subtraction angiography (DSA) revealed occlusion in the intracranial segment of the right vertebral artery (RVA) and

severe stenosis in the left vertebral artery (LVA) V4 segment with visible thrombotic material. The basilar artery showed good opacification (Figure 2). Revascularization was considered post intravenous thrombolysis. The patient underwent LVA thrombectomy, balloon angioplasty, and stent placement procedure (Figure 2).

The patient's symptoms continued to improve. Five days after thrombolysis, a follow-up MRI showed a significant reduction in the infarct size in the brainstem compared to the day of thrombolysis (Figure 3). Six days post-thrombolysis, a repeat CTA revealed patent posterior circulation vessels (Figure 4). At this point, the patient was alert, coherent, with normal eye movements bilaterally, and full muscle strength in all four limbs. The only deficit noted was slight instability in the right finger-to-nose test, resulting in an NIHSS score of 1.

## Discussion

Basilar artery occlusion (BAO) accounts for only 1%-2% of ischemic strokes, yet due to its high disability and mortality rates, it poses a significant

burden on patients.[1,2] Reperfusion therapy is the standard care for improving outcomes in eligible acute ischemic stroke patients. Most countries' stroke management guidelines do not differentiate treatment strategies based on the location of the stroke.[3-7]

Tenecteplase is a genetically modified form of tissue plasminogen activator, with three amino acid substitutions in its sequence compared to alteplase [8]. These structural alterations provide tenecteplase with pharmacological and pharmacokinetic advantages [9-11], including an extended half-life, reduced plasma clearance rate, the feasibility of single-dose intravenous administration, and improved patient transport between hospitals [12-14]. Additionally, tenecteplase demonstrates increased fibrin specificity and resistance to PAI-1 (plasminogen activator inhibitor-1) [8]. The characteristics of tenecteplase theoretically suggest a higher rate of vascular patency and a lower risk of bleeding in venous thrombolysis [15]. Recent studies suggest that tenecteplase could be more beneficial than alteplase in managing acute ischemic stroke (AIS) induced by large vessel occlusion (LVO), with

comparable safety outcomes [16]. Therefore, the administration of alteplase for acute ischemic stroke within 4.5 hours of onset has been recommended in the latest guidelines both domestically and internationally [3-7].

At the time of consultation, the patient's condition was grave, with a suspected severe posterior circulation infarction and a probable BAO. Consequently, tenecteplase thrombolysis, recognized for its effectiveness in addressing major arterial blockages, was administered. Following thrombolysis, imaging studies indicated successful reperfusion of the previously occluded basilar artery, resulting in sustained amelioration of the patient's condition. A pre-discharge MRI revealed a notable decrease in the infarct area compared to the ischemic lesion in the brainstem observed 12 minutes post-thrombolysis. Following thrombolysis, the patient experienced rapid symptom relief. Nevertheless, given the critical condition at onset and the potential life-threatening consequences of BAO recurrence, DSA examination was pursued. The intervention of embolectomy, balloon angioplasty, and stent placement

successfully resolved vascular issues in the patient's posterior circulation, markedly diminishing the risk of disease relapse.

Thrombolytic treatment using tenecteplase may yield better results in managing large arterial occlusions in these patients, warranting additional validation through larger, higher-quality randomized controlled trials or registry studies.

## Reference

- [1]Joundi RA, Sun JL, Xian Y, et al. Association between endovascular therapy time to treatment and outcomes in patients with basilar artery occlusion. *Circulation* 2022; 145:896–905.
- [2]Schonewille WJ, Wijman CAC, Michel P, et al. Treatment and outcomes of acute basilar artery occlusion in the Basilar Artery International Cooperation Study (BASICS): a prospective registry study. *Lancet Neurol* 2009; 8: 724–730.
- [3] China Guidelines for Diagnosis and Treatment of Acute Ischemic Stroke 2023, Cerebrovascular Disease Research Group of Neurology Branch of Chinese Medical Association. *Chinese Journal of Neurology*, 2024,57 (06): 523-559.
- [4] compilation group of China Stroke Association's Guidelines for Acute Ischemic Stroke Reperfusion 2024, Guidelines for Acute Ischemic Stroke Reperfusion 2024. *China Stroke Association, China Stroke Journal*, 2024, 19 (12): 1459-1477.
- [5]Berge E, Whiteley W, Audebert H, et al. European Stroke Organisation (ESO) guidelines on intravenous thrombolysis for acute ischaemic stroke. *Eur Stroke J* 2021; 6: I–LXII.
- [6]London: Intercollegiate Stroke Working Party . National Clinical Guideline for Stroke for the UK and Ireland. 2023. Accessed May 04, 2023 .
- [7]Alamowitch S, Turc G, Palaodimou L, et al. European Stroke Organisation (ESO) expedited recommendation on tenecteplase for acute ischaemic stroke. *Eur Stroke J*. 2023. 8(1): 8-54.
- [8] Keyt BA, Paoni NF, Refino CJ, et al. A faster-acting and more potent form of tissue plasminogen activator. *Proc Natl Acad Sci U S A*. 1994. 91(9): 3670-4.
- [9] Logallo N, Kvistad CE, Nacu A, Thomassen L. Novel Thrombolytics for

Acute Ischemic Stroke: Challenges and Opportunities. *CNS Drugs*. 2016. 30(2): 101-8.

[10] Li G, Wang C, Wang S, Xiong Y, Zhao X. Tenecteplase in Ischemic Stroke: Challenge and Opportunity. *Neuropsychiatr Dis Treat*. 2022. 18: 1013-1026.

[11] Bivard A, Lin L, Parsons MW. Review of stroke thrombolytics. *J Stroke*. 2013. 15(2): 90-8.

[12] Assessment of the Safety and Efficacy of a New Thrombolytic (ASSENT-2) I, Van De Werf F, et al. Single-bolus tenecteplase compared with front-loaded alteplase in acute myocardial infarction: the ASSENT-2 double-blind randomised trial. *Lancet*. 1999. 354(9180): 716-22.

[13] Modi NB, Eppler S, Breed J, Cannon CP, Braunwald E, Love TW. Pharmacokinetics of a slower clearing tissue plasminogen activator variant, TNK-tPA, in patients with acute myocardial infarction. *Thromb Haemost*. 1998. 79(1): 134-9.

[14] Tsikouris JP, Tsikouris AP. A review

of available fibrin-specific thrombolytic agents used in acute myocardial infarction. *Pharmacotherapy*. 2001. 21(2): 207-17.

[15] Warach SJ, Dula AN, Milling TJ Jr. Tenecteplase Thrombolysis for Acute Ischemic Stroke. *Stroke*. 2020. 51(11): 3440-3451.

[16] Katsanos AH, Safouris A, Sarraj A, et al. Intravenous Thrombolysis With Tenecteplase in Patients With Large Vessel Occlusions: Systematic Review and Meta-Analysis. *Stroke*. 2021. 52(1): 308-312.

Figure 1: Fifteen minutes post-thrombolysis, the head MRI revealed multiple infarctions in the bilateral cerebellar hemispheres, pons, midbrain, and left basal ganglia. The head MRA indicated a lack of visualization of the vertebral basilar artery.

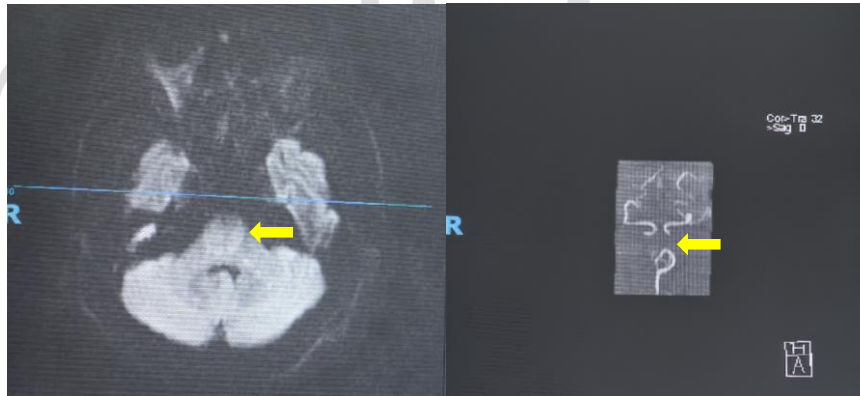


Figure 2: Three hours post-thrombolysis, digital subtraction angiography (DSA) revealed occlusion in the intracranial segment of the right vertebral artery (RVA) and severe stenosis in the left vertebral artery (LVA) V4 segment with visible thrombotic material. The basilar artery showed good opacification.



Figure 3: Five days after thrombolysis, a follow-up MRI showed a significant reduction in the infarct size in the brainstem compared to the day of thrombolysis.



Figure 4: Six days post-thrombolysis, the CTA revealed patent posterior circulation vessels.

